

# Age Policy



## Summary

This policy outlines the permitted membership, access/club entry, equipment usage and program participation provisions for underage members or minors.

## Definitions

**Contractor:** Including but not limited to; Exercise Professionals/Personal Trainers/Allied Health Professionals/ABN Rental Trainers.

**Legal Guardian:** The person legally recognised as the primary caretaker of the minor (if not the parent of the minor).

**Minor:** A member, casual visitor or guest under the age of 18. For the purposes of Table 1.1, 'minor' is in reference to the age range stipulated in applicable line of the table.

**Team Member:** A person who is employed by Stadium Premier Fitness Pty Ltd under a Contract of Employment.

## Application

### What is the Policy?

- The following policies are to be followed at all times when allowing an underage person access to the club:
- Membership is permitted only with the consent and signature of the minor's parent/legal guardian on all membership contracts, pre-exercise questionnaires, guarantor forms and waivers.
- If a minor wishes to redeem a free trial pass, casual visit, guest pass or the like, a full pre-exercise questionnaire and waiver must be completed and signed by the minor's parent/legal guardian before entry to the club will be granted, and access / usage conditions are as set out in this policy.
- A photograph of the minor must be taken and attached to their account for identification purposes.
- Access is only permitted during staffed hours and permitted equipment use and class participation is set out in the table below.
- A face to face induction with the Fitness Director or certified Team Member must be undertaken prior to any permitted use of the club facilities. The minor cannot opt out of the induction, and the minor's parent/guardian must be in attendance for the entire induction if the parent/guardian cannot make it for the induction the club representative can take the minor through the induction process as long as they have a current blue card

**TABLE 1.1 - MINOR USAGE & ACCESS REQUIREMENTS**

<b>AGE</b>	<b>ACCESS</b>	<b>CARDIO</b>	<b>WEIGHTS</b>	<b>GROUP FITNESS</b>	<b>CHALLENGES</b>
13 and under	Staffed hours and directly accompanied by an exercise professional.	If prescribed by a medical or exercise professional and under their direct supervision	If prescribed by a medical or exercise professional and under their direct supervision	No	No
14	Staffed hours and directly accompanied by a parent, legal guardian or exercise professional.	Yes	Yes, under the direct supervision of an exercise professional	Yes, excluding any weight bearing classes	No
15	Staffed hours only, however the minor may access the club independently during these hours.	Yes	Yes, limited to pin-loaded strength equipment only	Yes	Yes
16 - 17	Staffed hours only, however the minor may access the club independently during these hours.	Yes	Yes	Yes	Yes
18 and above	Adult access applies.	Yes	Yes	Yes	Yes